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The Bath Shop Window 'Wellbeing' Trail
**CAN YOU FIND TWELVE GREAT WAYS OF
KEEPING WELL?**

bathmedicalmuseum.org

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<< **12** participating shops. View trail map online.

Hetling Pump Room
1 Hetling Court
BA1 1SH



1
The Bath Medical Museum,
The Helling Pump Room

2
Assured Mobility,
2/4 Hot Bath St, BA1 1SJ

3
Komedica,
22-23 Westgate St, BA1 1EP

4
Tea House Emporium,
18 Union Passage, BA1 1RE

5
Brad Abrahams Optometry,
2 Upper Borough Walls, BA1 1RG

6
Minerva Art Supplies,
13 Green St, BA1 2JZ

7
New Saville Row
Gentlemen's Hairstylist
14 Northgate St, BA1

8
Guildhall Market,
BA2 4AW
**on the glass fronted noticeboard

9
Running Bath,
18 High St, BA1 5AJ

10
World Heritage Centre,
10 York St, BA1 1NH

11
Thermae Bath Spa,
Hot Bath St, BA1 1SJ

12
Write your idea on separate
window display sheet.
Your own window!



The Bath Shop Window 'Wellbeing' Trail: 12 Great Ways of Keeping Well

When you have finished the trail please take your own window display sheet (12th shop) to The Helling Room between 12pm-4pm, from 10th-18th Feb. Or email it to us at enquiries@bathmedicalmuseum.org

Answers: 1-volunteering 2-exercise 3-laughing 4-herbal infusions 5-sunlight&sunglasses 6-digestive biscuits 7-listen to or play music 8-paper cutting 9-drink regularly 10-walking 11-put your smartphone away

